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Character traits that particularly interested him were those of individuals who suffered from a poor self-image, and who were overtly aggressive and obsessive. Because he recognized these character traits as defense mechanisms within himself as a result of his childhood circumstances, Edgar could empathize with individuals who had a similar history. Because relentless anxiety dominates modern life, many individuals today find themselves overwhelmed by ongoing change within a highly competitive environment to continually exceed expectations at work and home. It is no wonder that so many people suffer from stress and low self-esteem, and approach life with trepidation. Fear in some form or another has infiltrated most peoples' lives. Fear from lack of safety, fear of failure, job insecurity, and fear that if we don't excel at our job or our personal life we will be pushed onto the periphery of society. With these scenarios in mind, Edgar decided to put pen to paper to outline ways for an individual to come to terms with his or her inner conflict and to show them that there is a way to approach life from a fresh perspective and prosper. Edgar freely admits that while his struggle to reclaim his identity was not easy it is well worth the effort. Edgar is married and the father of two adult daughters. Some of his other interests, besides being an avid reader and writer, include taking up the challenge of Do-It-Yourself projects, human development, the environment, sport, and ecology.



The Guarantee is a non-sectarian, non-denominational book aimed at anyone who wants to improve their life, achieve their goals faster, develop and improve relationships or generally become a better person. This self-help guide expands existing beliefs and opens up the Absolute Universal Truth.

"Truth is the beginning of every good thing, both in heaven and on earth; and he who would be blessed and happy should be from the first a partaker of truth, for then he can be trusted." Plato

In writing the book the author intended to create astute awareness of inspirational wisdom and access to the universal energy source where all opportunities to improve one's life, achieve prosperity and become a better person, reside. Edgar Smit explains that we are born knowing the Universal Truth but as we grow up we disconnect from the spiritual source and instead inherit our family's belief system, based on the circumstances of our environment, which then becomes the foundation of our beliefs. It is this foundation that creates restrictions and influences create the boundaries based on our beliefs, which limit spiritual growth and inner development.

The Guarantee aims to initiate your inner awakening; by acknowledging negative influences in your life you allow new energy to empower you. Your old (negative) thought patterns and energy blockages are released. Your spiritual heart is activated. Deeper spiritual awareness is realized by expanding your beliefs and going beyond the mind. This allows you to develop, attract and manifest your desires faster.



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Edgar Herbert Smit was one of five sons born into a family that endured overwhelming adversity. Yet, despite regular instances of domestic violence, neglect and abject poverty as a result of an alcoholic parent, the boys and their mother survived years of hardship. By his own admission the instinct for survival, which translates into fear of annihilation and death, was the energy behind adaptation and surrender to embrace life. Edgar completed high school but had to abandon his ambition to attend university due to a lack of finances. However, he was determined to overcome the obstacles of his childhood and pursue a better life. Edgar studied part-time and completed his studies in Bachelor Sciences. His credentials as a Human Resources practitioner secured employment within major corporations, which afforded him the opportunity to explore the diversity of human behavior.

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